



JEWISH FAMILY &  
CHILDREN'S SERVICE

2018  
ANNUAL REPORT  
ST. LOUIS, MO

**Vision**

All people in the greater  
St. Louis area are  
healthy and productive.

**Mission**

Inspired by the Jewish tradition  
to make the world a better place,  
JF&CS helps and supports people  
in need to meet their challenges.

**Core Values**

Making the world  
a better place (tikkun olam)  
through kindness (chesed),  
fairness (tzedakah)  
and excellence (mitzuyanut).

***Thanks to your generosity,*** we've seen a year of dynamic growth.

We launched strategic partnerships with Barnes Jewish Hospital and the Veteran's Administration, expanded programming in the Jewish day schools and public schools, and developed successful pilot programs to help members of our community navigate complex mental health systems and the services available to those of varying abilities.

We also received a bequest to the Jewish Family & Children's Service Endowment Fund of \$1.2M to help ensure that JF&CS will always be here for those in need, earned a 4-star rating from Charity Navigator, and embarked on a communications and branding initiative to inspire, inform and engage our community.

As we say goodbye to CEO Lou Albert, who retired after twenty nine years of outstanding service, we are proud of all that the JF&CS board of directors, donors, staff, volunteers, and partners accomplished in 2018.

The stakes remain high for those in our community with persistent hunger, employment gaps, traumatic experiences, isolation due to aging or disability, and other challenges. As you will see on the following pages, your contribution truly makes a difference.

**Thank you!**



**Jill S. Belsky**  
**Board President**



**Miriam Seidenfeld**  
**Chief Executive Officer**





In 2018, specialists facilitated

**1,919**

**PRESENTATIONS**

at

**158**

**SITES**

for  
more  
than

**39,000**

**PARTICIPANTS**

## Child Abuse Prevention

JF&CS's team of trained specialists work with schools throughout the St. Louis area to teach children, teachers, and parents about body safety, the warning signs of abuse, and safe internet use. Though the ultimate goal of the program is prevention, the presentations also teach children who have seen or experienced abuse the importance of reporting the incident to a trusted adult.

Over the year, school counselors reported that students privately disclosed incidents of abuse after hearing the JF&CS presentation. These disclosures open the door to intervention and healing for the affected children and their families.



# IN 2018, THE SCHOOL-BASED SERVICES TEAM PARTNERED WITH LOCAL SCHOOLS TO PROVIDE



**3,209**  
HOURS OF

counseling, consultation, and  
crisis intervention services



**550**  
CHILDREN

## School-Based Services

The school-based services team provides customized services to students across St. Louis County to help them improve their mental health and academic performance. Students referred to JF&CS have been affected by the death of a close family member or friend; abuse or neglect; the incarceration of a parent; marginalization based on racial identity, gender identity, or sexual orientation; or other life challenges. The school-based services team provides compassionate support and guidance as students develop the strategies and skills needed to navigate their lives.

## Counseling and Psychiatry

At one time or another, we all face challenges in our everyday lives. The JF&CS psychiatrist and therapists are there when needed to help clients heal from emotional trauma, and strengthen family and social relationships.

**In 2018, JF&CS provided counseling and psychiatric services to 646 families.**





Michelle, a single mother, works three jobs to care for her young daughter, and is still unable to make ends meet. The Harvey Kornblum Jewish Food Pantry caseworker connected Michelle to the Financial Assistance Program. Michelle received financial support to keep her utilities connected, providing a safe environment for her child and peace of mind while she works.

## Financial Assistance

The Financial Assistance Program helps financially-distressed Jewish individuals and families acquire immediate funds to help them through times of crisis. These funds provide the stability needed to establish a long-term plan for achieving financial independence.

In 2018, financial support was **provided to 185 community members** to help them through unexpected hardships such as medical emergencies and unemployment.



In 2018, Elderlink St. Louis connected **1,750 seniors and their families with local resources and opportunities** to enrich their quality of living as they navigate the changing needs of a new stage of life.



## Elderlink

Elderlink St. Louis is a coordinated referral service for older adults, their children, and their caregivers. The referral line is staffed by a licensed clinical social worker, who takes the time to listen to each caller's unique needs and offer customized information and referral on the issues affecting them or their loved ones.

## Chaplaincy

The chaplaincy team spends time with members of the Jewish community to listen, provide end of life comfort and support, celebrate life cycle events, observe holidays, and offer spiritual counsel. This program has become a model for community chaplains nationwide.

**In 2018, Rabbis Micah, Neal, and Jessica visited 566 community members** living in homes, hospitals, and care facilities across the St. Louis area. Their visits provided a sense of connection, comfort, and spiritual support to older adults and individuals with disabilities who feel isolated from the Jewish community.



“ Rabbi Micah was such a friend to my mother over her time at Delmar Gardens. The whole family holds him dear to our hearts now. ”  
– Rose L.



Gerald's Gatekeeper-trained apartment manager called JF&CS, concerned because Gerald had missed a rent payment. While meeting with Gerald, the JF&CS social worker learned that he had been living alone for most of his life. Without nearby friends and family to support him, Gerald had to navigate the difficulties of aging on his own. He had not applied for his maximum social security benefits and was struggling to make ends meet. Today, Gerald feels more confident in his ability to care for himself, with an increased income, access to greater benefits, and a stronger connection to the local community.

## Gatekeeper

The innovative Gatekeeper program ensures that isolated older adults are connected with much-needed services by enlisting the assistance of those who, in the normal course of their jobs, living situations or community involvement, may have contact with and be able to identify those at risk. Community connectors include pharmacists, hair dressers, grocery store clerks, apartment managers, medical providers, bank tellers, and others.

***In 2018, the Gatekeeper team hosted more than 50 trainings across the St. Louis area for potential community connectors.***

Through their subsequent conversations with local seniors, JF&CS was able to provide the resources and assistance to help keep vulnerable seniors safe, independent, and connected to the community.



## Harvey Kornblum Jewish Food Pantry

JF&CS's Harvey Kornblum Jewish Food Pantry is the largest food pantry in the region. Community members who visit the food pantry are often experiencing other hardships in addition to hunger, including unemployment or underemployment, lack of access to health care, and housing insecurity. The pantry's staff and volunteers connect visitors and their families to the services they need, through a JF&CS program or to an external partner in the wider community.



**14,890**

community members were provided nutritious food and personal care items by the pantry



REACHING OVER

**4,400**

households in our community

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Through collaboration with community partners, the pantry also provided health screenings, nutrition education, children's diapers, and dental hygiene kits on-site.

## Homemaker & In-Home Services

The Homemaker/In-Home Services team conducts professional assessments and individualized care plans for frail seniors and adults with special needs, so that they can maintain independence in their own homes and preserve connections to the local community.

In 2018, the Homemaker staff coordinated 34,032 hours of in-home services for 248 older adults. JF&CS is the only agency in St. Louis that provides housekeeping, shopping, laundry, caregiver support, and other much needed services on a sliding fee scale.



Harry was devastated after his wife of 65 years passed away. His children, worried about his well-being, encouraged him to move to a retirement home because he could no longer prepare his own meals or drive his car. The meal preparation and transportation assistance he received through the Homemaker program allowed Harry to remain in his own home where he feels safe and comfortable, and reduced his children's concern.

## Learning & Behavioral Diagnostic Testing

The testing specialists housed in the JF&CS Learning and Behavioral Diagnostic Center use a wide range of testing instruments to help understand what lies beneath children's presenting behavioral and emotional concerns. Our team provides professional recommendations from their in-depth evaluations for parents and children to develop the social and emotional skills needed to thrive.



In 2018, the testing team provided evaluation services for 235 children and teens.

The JF&CS Learning and Behavioral Diagnostic Center is one of only two in the St. Louis area that provide testing services on a sliding fee scale.



**161**  
VOLUNTEERS

**gave**

**24,379**  
HOURS OF SERVICE

### VOLUNTEERS IN 2018

contributed 18,918 hours of service at the Harvey Kornblum Jewish Food Pantry, and more than 5,400 hours to JF&CS's chaplaincy, celebration basket, and administrative efforts. Without the passion and support of these individuals, the agency would not be able to effectively and efficiently serve such a large portion of the local community.





## Revenue

● Earned Income   35%	2,165,808
● Contributed Income   18%	1,100,640
● Estate Endowment Gift   19%	1,175,645
● Jewish Federation of St. Louis   14%	881,806
● United Way of Greater St. Louis   11%	698,348
● Endowment Investment Return   -5%	(333,794)
● Tax Credits & Grants   7%	412,936
● Other   1%	67,142

**TOTAL 6,168,531**



## Expenses

● Salaries & Benefits   64%	3,437,864
● Program & Professional Fees   17%	912,823
● Other   8%	434,859
● Occupancy   6%	296,729
● Depreciation   3%	165,560
● Financial Assistance   3%	146,265

**TOTAL 5,394,100**

**\*DIFFERENCE 774,431**

# Board of Directors

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JEWISH FAMILY &  
CHILDREN'S SERVICE



Jewish Federation  
OF ST. LOUIS



St. Louis County  
Children's Service Fund  
*Keeping Kids First*

Proud member of



Greater St. Louis