

# 2019

## ANNUAL REPORT



Supporting Families & Seniors.  
Alleviating Hunger.  
Improving Mental Health.

# Since 1871

Inspired by the Jewish tradition to make the world a better place, JFS helps and supports people in need to meet their challenges.

**JFS (Jewish Family Services)**, previously Jewish Family and Children's Service, was founded in 1871 when the St. Louis Jewish community came together to raise relief funds and support those affected by the Great Chicago Fire. JFS has evolved over the years to respond to a variety of community needs including immigration, adoption, food security, mental health, and child abuse prevention. JFS continues to support families and seniors, alleviate hunger, and improve mental health for all St. Louisans.

## Vision

**ALL PEOPLE** in the greater St. Louis area will be healthy and productive.

JFS understands people and families holistically and provides comprehensive services – through multiple points of entry – to effectively address the complex needs of individuals and families. Services are provided at reduced or no cost to make high-quality care accessible to all.

### Dear JFS Friends,

In 2019, your generosity provided hope and support to more than 55,000 St. Louisans.

More than 15,000 people received food from the Harvey Kornblum Jewish Food Pantry – a continuing increase over the past few years that reflects the great need in our community.

Seventeen hundred presentations at 150 elementary and preschools empowered more than 35,000 children, teachers and caregivers with skills and information about body safety, the warning signs of sexual abuse and safe internet use.

More than 1,500 children, adolescents, adults and seniors received the diagnostic evaluation, counseling and psychiatry services needed to relieve the debilitating symptoms of depression, anxiety, family stress, trauma, learning difficulties, grief and other life challenges – helping to improve overall well-being and achieve a better quality of living at home, in school, at work, and in the community.

And more than 1,600 adults over the age of 60 received in-home support, fall prevention education and screenings, hospital readmission prevention care management, chaplaincy visits, and referrals to needed resources.

Thanks to you, we are able to provide all of our critical services during times of crisis. Thanks to you, JFS can meet the increasing needs of our community in the days and months to come. Thanks to you, a warm safety net surrounds those most vulnerable in our community.

### With gratitude,

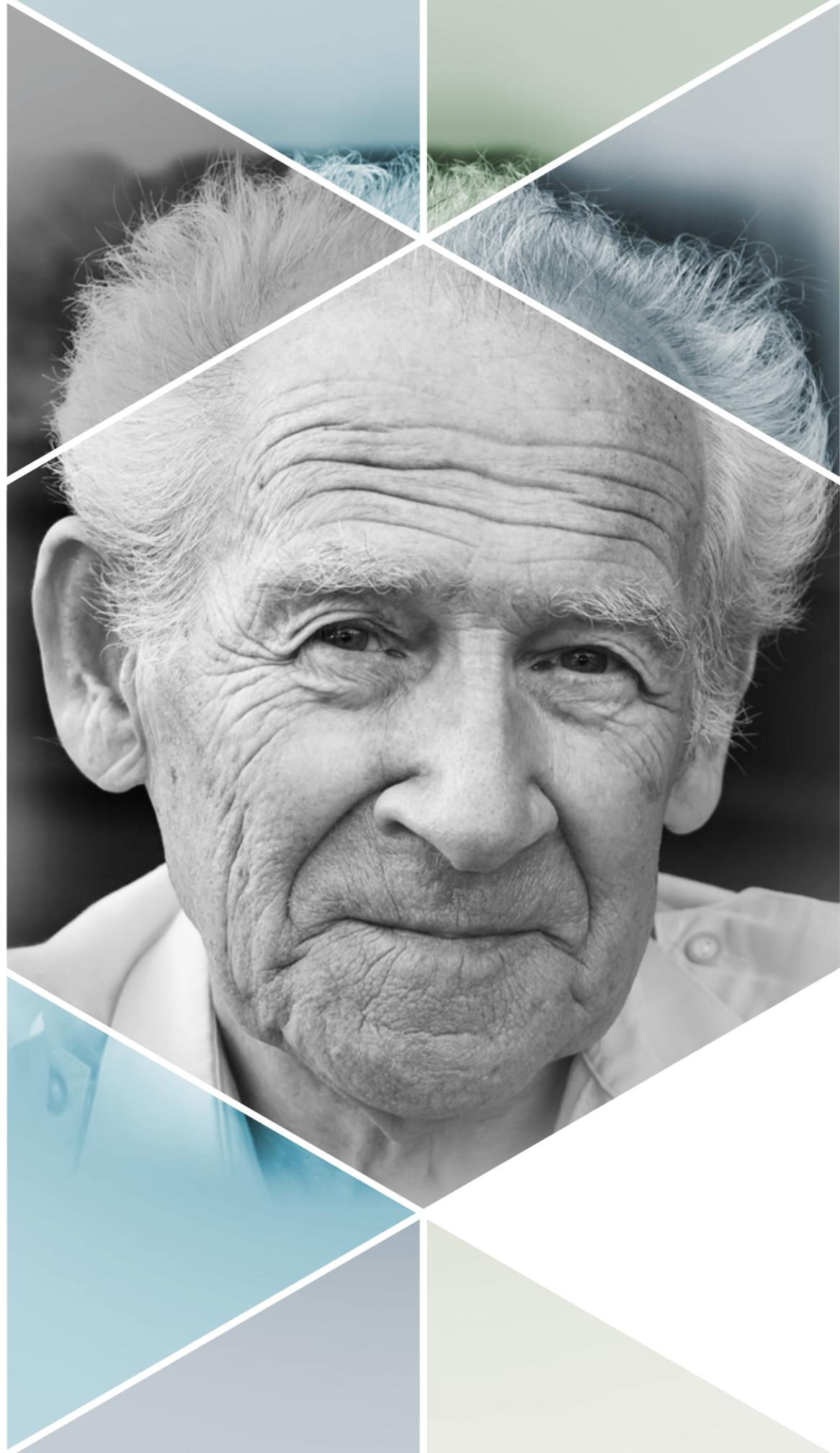


**Jill S. Belsky**  
President



**Miriam Seidenfeld**  
Chief Executive Officer





## SUPPORTING SENIORS

### Eugene's Story

**When Eugene's struggle with alcohol began, his wife divorced him and his sons grew distant. As he grew more isolated, his alcohol dependence increased. This led Eugene to develop other health issues like neuropathy, diabetes, and severe depression.**

One day, when Eugene's son, Scott, couldn't reach his dad by phone, he went to his house to investigate. Scott discovered that his father had fallen and spent the past two days on the floor. He realized he had to do something about Eugene's dangerous living conditions.

Scott contacted St. Louis Area Agency on Aging (SLAAA) who referred him to JFS. After meeting with the family, a JFS case manager created a care plan to connect Eugene with a geriatric psychiatrist and to keep his home tidy and safe. Scott and his brother started visiting their dad more often.

Today, Eugene continues to meet with his geriatric psychiatrist, and a nurse visits monthly to check on the administration of his medications. Eugene reports improvements in his mood and energy level. He keeps his house tidy, is able to go grocery shopping, and even signed up for an exercise class. The family is grateful to JFS for enhancing Eugene's quality of life and ensuring his safety in his own home.

#### In-Home Services

Falls and Hospital Readmission Prevention

Individual and Couples Counseling

Chaplaincy Visits

JFS PROVIDES ADULTS AND SENIORS in our community with individualized care plans, designed to support and facilitate their continued independence and safety in their living environment.

JFS chaplains visit older adults in nursing homes, retirement communities, and hospitals to offer spiritual counsel, celebrate lifecycle events, observe Jewish holidays, and provide end of life comfort and support.

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In 2019, JFS helped more than 1,600 seniors remain safely in their homes and connected to their communities.

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## Katie's Story

When Katie and her stepmother first sought family counseling, their relationship was strained due to Katie's behavior at school. During subsequent sessions with their JFS therapist, it became clear that Katie would benefit from a diagnostic assessment. After comprehensive testing, Katie was diagnosed with ADHD.

After beginning treatment and gaining an increased understanding of her diagnosis, Katie felt less burdened by her ADHD symptoms. Her behavior changed dramatically; she was laughing during appointments, talking about plans with her friends; and teasing her stepmother. Katie's relationship with her stepmother flourished.

The family continued working with their JFS therapist over the next several months, and Katie began the next school year feeling more confident than ever.

### Learning and Behavioral Diagnostic Evaluation

Child & Family Counseling

Child & Adolescent Psychiatry

Child Abuse Prevention Program (CAPP)

MENTAL HEALTH IS AS IMPORTANT as our physical health. JFS offers a range of clinical services to address the unique mental health needs of children, adolescents, adults and seniors in our community. Our compassionate learning and behavioral evaluators, therapists, and psychiatrist help people develop the skills to be successful at home, in school, at work and in the community.

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CAPP presenters empowered more than 35,000 children, teachers and parents at 1,700 presentations in 150 schools with information about body safety, warning signs of child abuse, and safe internet practices.

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## ALLEVIATING HUNGER

### Anna's Story

**Anna came to JFS' Harvey Kornblum Jewish Food Pantry as a new walk-in client. During her intake meeting, she mentioned to our staff that she was pregnant, homeless, and hadn't eaten in over a day.**

The staff immediately brought food for her to eat and took her aside to help her contact local shelters. After many phone calls, they found a spot for Anna at a shelter for pregnant women. JFS supplied her with toiletries and groceries to take with her.

We then initiated vital conversations with other local food pantries to gather and share information regarding housing so that we are all better equipped to assist individuals and families who are homeless.

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More than 15,000 people, who otherwise would not, had nutritious food on their tables, helping them to concentrate better at school and at work.

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238 volunteers provided 21,343 hours of service at our Harvey Kornblum Jewish Food Pantry, making friendly visits to isolated older adults, creating celebration baskets, and assisting our administrative team.

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### Food Pantry

**THE LARGEST FOOD PANTRY** in the region, JFS' Harvey Kornblum Jewish Food Pantry (HKJFP) provides kosher and non-kosher food options, and personal care items to more than 6,000 children, adults and seniors every month. At HKJFP, clients can also connect with other services to support their well-being, including nurse wellness checks, utility assistance, and referrals to community resources.



With your support,  
JFS positively impacted the lives of  
more than 55,000 people last year.

## Get Help For Someone in Need

To access JFS services, call the Care Connect phone line. You will reach a knowledgeable and experienced staff member who will connect you with JFS services or a care manager to meet your individual needs.

**THE CARE CONNECT STAFF** can also provide you with information, referrals to other community organizations, guidance and advocacy.

JFS assists all callers, inclusive of age, race, religion, gender, and physical and cognitive ability.

**Care Connect**  
**314-993-1000**

## FINANCIAL REPORTS



|                                       |                    |
|---------------------------------------|--------------------|
| ▶ Earned Income 27%                   | \$1,522,189        |
| ▶ Contributed Income 22%              | \$1,249,073        |
| ▶ Endowment Investment Return 18%     | \$1,054,334        |
| ▶ Jewish Federation of St. Louis 16%  | \$891,000          |
| ▶ United Way of Greater St. Louis 12% | \$677,181          |
| ▶ Tax Credits & Grants 5%             | \$288,366          |
| ▶ Other less than 1%                  | \$18,644           |
| <b>TOTAL</b>                          | <b>\$5,700,787</b> |



|                                   |                    |
|-----------------------------------|--------------------|
| ▶ Salaries & Benefits 68%         | \$3,492,594        |
| ▶ Program & Professional Fees 15% | \$747,287          |
| ▶ Other 6%                        | \$303,472          |
| ▶ Occupancy 6%                    | \$290,946          |
| ▶ Depreciation 3%                 | \$174,723          |
| ▶ Financial Assistance 2%         | \$113,634          |
| <b>TOTAL</b>                      | <b>\$5,122,656</b> |
| <b>DIFFERENCE</b>                 | <b>\$578,132*</b>  |

\*The difference in net revenue over expenses is due to strong 2019 investment performance.

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